Europe Adventure Day

the complete parent guide — every minute, explained

Never run an adventure day before? Perfect — this guide assumes exactly that. Thirteen pages: every stop in steps, every supply linked, and seven printables at the back (postcard template, two landmark tracing sheets, a Europe coloring map, a word search, the quiz, and the answer key). Secret of the schedule: the pizza dough rises while you do everything else.

The Day at a Glance *≈ 4½ hours · suggested clock times*

9:00	Boarding call + MIX THE DOUGH (it rises till 11!)	p. 2
9:20	The documentary (first!) — Europe for Kids	p. 2
9:50	The quiz — printable + answer key at the back	p. 2
10:05	Postcard studio — trace, draw, write home	p. 3
11:00	Pizza kitchen — stretch, sauce, top	p. 4
11:20	Bake + the history of pizza film	p. 5
12:00	The feast — pizzas, breadsticks, dolce	p. 5

The Night Before *15 quiet minutes of prep = a smooth morning*

- [ ] Shop everything below (one Amazon cart + one grocery run).
- [ ] Print the printables at the back: postcard template + tracing sheets per artist, the quiz, the stamps.
- [ ] Set the trattoria after bedtime: red-checked tablecloth, parchment placemats, chef hats at each seat.
- [ ] Queue the documentary on the TV; if you have a game console or PC, install a flight simulator for takeoff.
- [ ] Measure the dry dough ingredients into bowls — morning-you will say thank you.

Shop It All *tap the gold links — one cart, done*

THE KITCHEN — kids chef hat + apron set (one per chef — worth every penny for the photos). Pizza groceries on page 4.

WATCH — "Europe for Kids" (Learn Bright) — the film our quiz comes from · "The History of Pizza" for while the pizzas bake. Both free on YouTube.

POSTCARDS — cardstock, pencils, markers or watercolors + the printables at the back. DECOR — red-checked tablecloths (6-pack) · European country flag banner · kids rolling pins (6-pack) · Italian café accordion music while you cook.

THE GOLDEN RULE

You don't have to do it all. One stop done with your full attention beats seven done in a rush — and honestly, pizza + one postcard is already a perfect day.

Takeoff, Film & Quiz

mix the dough first — then fly

Boarding Call + Dough *9:00 · 20 minutes*

1. **Grab the passports**
   Your explorer's official passport booklet arrived by mail from the school — the little blue one with gold letters, ready and waiting. Extra explorers joining? Fold 2 sheets of paper, staple the fold: instant passport.
2. **Mix the dough NOW**
   1½ cups warm water + 2¼ tsp yeast + 1 tsp sugar — let it foam 10 min while you board. Add 4 cups flour, 1½ tsp salt, 2 tbsp olive oil; knead 5 min; cover with a towel. It rises until 11:00 all by itself.
3. **The takeoff**
   If you have a flight simulator (Xbox, PlayStation, PC), fly into Paris or Rome on the big screen — exactly how our explorers boarded. No console? Press play on the cockpit flight below. Captain's voice mandatory. Stamp passports on landing — stamps on page 6.
   ☐ The flight, free on YouTube: Full Flight to London — Microsoft Flight Simulator, 4K cockpit

The Documentary *9:20 · 25 min · the MORNING film — pizza history comes later!*

1. **Press play**
   Learn Bright's "Europe for Kids" — countries, castles, the Alps. This is the film the quiz is built from, so eyes open!
   ☐ Watch it free on YouTube: Europe for Kids (Learn Bright)
2. **Pause twice**
   Ask: "Which country would YOU visit?" and "What's one thing you want on your postcard?" — that second one quietly preps the next stop.

The Quiz *9:50 · 15 minutes · printable on page 12, answers on page 13*

1. **Hand out the quiz**
   One per explorer (or teams for mixed ages). It's open-memory, closed-Google.
2. **Grade with ceremony**
   Read answers out loud — a table drumroll for every correct one. Perfect scores pick their pizza toppings first.

IF YOU ONLY REMEMBER ONE THING

Peek at the dough at 10:30 and let the kids see it has DOUBLED. Yeast is the best science lesson that ends in lunch.

The Postcard Studio

trace it, draw it, mail it for real

Map It First *10:05 · 10 minutes*

1. **Find Europe together**
   The Europe coloring map is printed and waiting (page 10) — plus the word search (page 11) for fast finishers. Label five countries and the oceans that hug the coastlines — that's the whole geography lesson.

Postcards *10:15 · 45 minutes · printables on pages 7–9*

1. **The window trick**
   Tape a tracing sheet (Eiffel Tower page 8, Pisa page 9) to a sunny window, blank paper or the postcard template over it — the sun is your free light table. Trace away.
2. **Or draw it easy**
   A triangle with criss-cross lines becomes the Eiffel Tower; stacked tilted rectangles become Pisa; wobbly lines with little boats become Venice. Perfection not required.
3. **Color the front**
   Markers or watercolors. Sunset skies behind landmarks always look spectacular.
4. **Write the back**
   The template (page 7) has the lines ready: one fact from the film + one wish-you-were-here, addressed to a grandparent or friend.
5. **Actually mail them**
   Real stamps, real mailbox, on your next walk. Real mail from a small explorer is pure magic on the other end.

MESS MATH

Postcard cleanup: cap the markers. And the grandparent who gets that postcard keeps it forever — that's not mess, that's legacy.

The Pizza Kitchen

chef hats on — the dough has been waiting for you

Groceries *makes 4 personal pizzas*

- [ ] 4 cups all-purpose flour
- [ ] 2¼ tsp yeast (1 packet)
- [ ] sugar, salt, olive oil
- [ ] 1 jar pizza sauce
- [ ] 2 cups shredded mozzarella
- [ ] pepperoni + favorite toppings
- [ ] fresh mozzarella (optional)
- [ ] parchment paper
- [ ] lemons + sugar (dessert!)

The Dough (recap)

Mixed at 9:00, risen by 11:00: 1½ c warm water + 2¼ tsp yeast + 1 tsp sugar (foam 10 min) + 4 c flour + 1½ tsp salt + 2 tbsp olive oil. Knead 5, rise 1 hour.

Passport stamps: page 6 · Quiz: pages 12–13.

Build It Together

1. **TOGETHER · the reveal**
   Lift the towel — it DOUBLED! Punch it down (the most satisfying job in cooking) and divide into 4 balls.
2. **KIDS · stretch & shape**
   Flour everything. Press and stretch each ball on its own parchment square — round, square, heart, doesn't matter. Thin middle, puffy edge.
3. **KIDS · sauce & top**
   A spoon of sauce spiraled from the middle, cheese, then toppings. Every chef designs their own — faces and patterns encouraged.
4. **GROWN-UP · the bake**
   475°F, 10–12 minutes, until the edges blister. Slide pizzas in ON the parchment. Braid dough scraps into breadsticks, brush with olive oil + salt, bake alongside.
5. **TOGETHER · dolce**
   Dessert the way our explorers love it: lemon slices with sugar — a real Italian treat. (Or fruit + Nutella crepes for a French twist.)

KID-FRIENDLY RULE
Every chef makes their OWN pizza start to finish. Lopsided, overloaded, pepperoni-smiley-faced: all correct.

Bake, Watch & Feast

the film is timed to the oven

The History of Pizza

10 MIN · FREE ON YOUTUBE · WHILE IT BAKES

□ Press play the moment the oven closes: The History of Pizza (Learning Junction)

How to Land the Ending *the day's reward — savor it*

1. **Watch while it bakes**
   Ten minutes from ancient flatbread to Queen Margherita — timed almost perfectly to the oven. Fun fact to drop: the first pizzas had NO tomato sauce or mozzarella.
2. **The reveal**
   Every chef carries their own pizza to the table. Applause for each one. Photos now — they melt fast.
3. **Feast like Italians**
   Under the bunting, accordion music on, breadsticks in the middle, postcards propped up as table art. Toast: “delizioso!”
4. **Dolce & stamps**
   Lemon-with-sugar dessert, then passports out: glue in the EUROPE stamp and write today's date on it.
5. **Optional closing film**
   Want a movie ending like our other adventures? Our pick: Luca — an Italian seaside summer that pairs perfectly with pizza-warm bellies.

WHY THE ORDER MATTERS

Documentary first fills their heads with the real Europe — so the postcards have places to come from and the pizza has a story. Facts in the morning, flour in the afternoon.

Passport Stamp Sheet

one stamp per explorer, glued in on touchdown

Print this page (plain paper is perfect), cut along the dotted circles, and glue a stamp into your explorer's official passport booklet when the plane lands. Then write the date of YOUR adventure on the stamp's little line — every family's stamp gets its own date. One per explorer; print again if the expedition grows.

Grown-up tip: cutting these is a great quiet job for an early riser while you make coffee.

UMBRELLA ACADEMY

Postcard From My Travels

cut along the dotted line — draw the front, write the back, mail it for real

draw your view here

GREETINGS FROM _____

DEAR _____ ,

STAMP

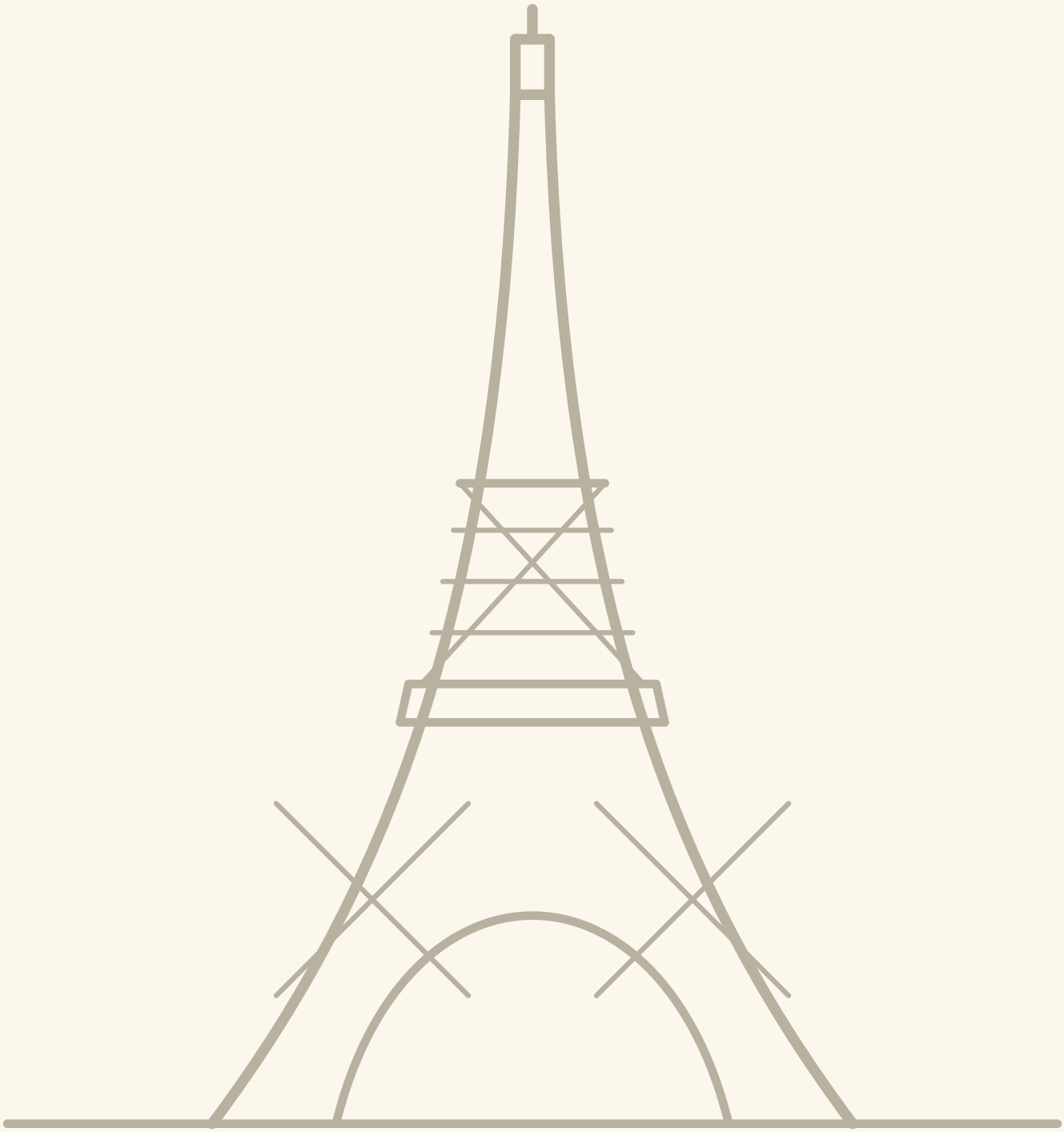
TO:

one fact from the film + one wish-you-were-here

TRACE A LANDMARK

La Tour Eiffel

Paris, France · built 1889 · tape me to a sunny window and trace!

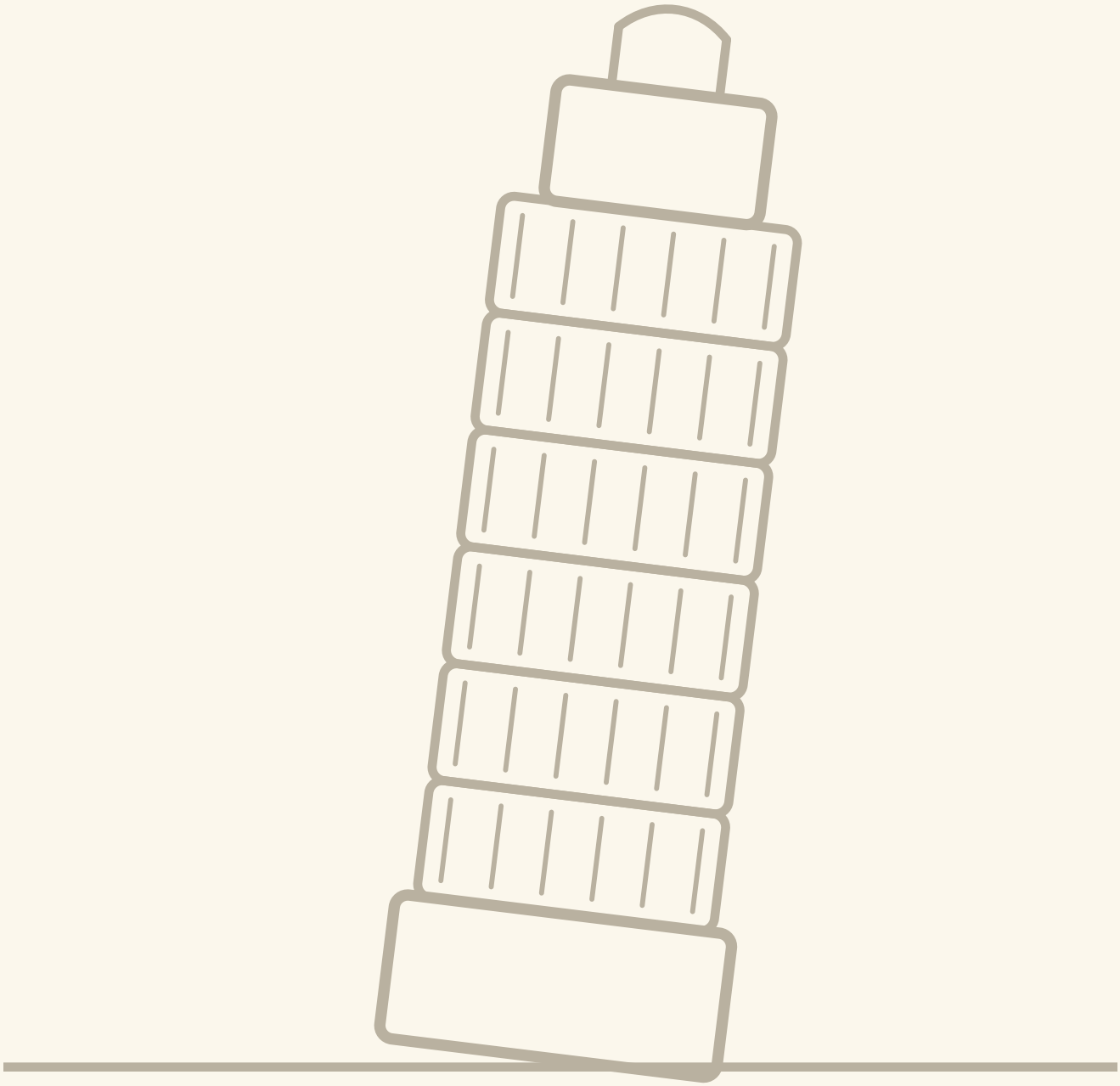


Fun fact: Parisians called it an eyesore in 1889 — now it's the most-visited monument on Earth.

TRACE A LANDMARK

The Leaning Tower of Pisa

Pisa, Italy · leaning for 800+ years · stacked tilted rectangles — that's the trick!



Fun fact: it started leaning before it was even finished — the ground underneath is too soft.

UMBRELLA ACADEMY

Color Europe!

give every country its own color — a simple explorer's map

A simple explorer's map — real Europe has 40+ countries. How many more can you name?

UMBRELLA ACADEMY

Europe Word Search

12 words from our adventure — across, down, and diagonal!

F	R	A	N	C	E	E	O	K	P	V	X	W
E	Q	P	S	E	S	B	A	P	O	L	W	J
B	I	A	A	T	U	C	P	S	S	C	X	J
V	K	F	E	S	P	A	I	N	T	C	P	C
O	E	R	F	L	S	R	X	B	C	X	I	X
W	A	N	E	E	A	P	S	Z	A	K	Z	L
C	L	V	I	P	L	E	O	P	R	C	Z	N
Z	P	A	I	C	L	P	S	R	D	A	A	T
V	S	M	T	P	E	M	S	A	T	T	C	C
C	U	D	A	I	N	X	K	M	X	W	S	O
O	O	N	L	R	C	Q	E	U	R	O	P	E
Y	Q	A	Y	J	T	C	P	A	H	W	D	P
Y	T	V	P	I	A	L	J	E	V	T	G	Q

FIND THESE:

PIZZA
PARIS
ITALY
FRANCE
ALPS
EUROPE
EIFFEL
PASSPORT
VENICE
SPAIN
POSTCARD
NAPLES

UMBRELLA ACADEMY

Europe Explorer Quiz

show what you carried home, explorer!

Explorer's name: _____

1. Europe is the second-_____ continent on Earth.

2. What is the smallest country in the whole world? _____

3. The Eiffel Tower stands in which city? _____

4. Pizza and pasta come from which country? _____

5. What are the big snowy mountains in the middle of Europe called? _____

6. Pizza was born in which Italian city? _____

7. The very first pizzas had no tomato sauce or _____!

8. Draw your favorite European landmark:

Quiz Answer Key

grade generously — enthusiasm counts double

1. **the second-SMALLEST continent**
   Small in size, giant in countries — more than 40 of them.
2. **VATICAN CITY**
   You could walk across the whole nation before lunch.
3. **PARIS**
   Built in 1889 for the World's Fair — Parisians hated it at first!
4. **ITALY**
   Bonus applause for anyone who says “delizioso.”
5. **THE ALPS**
   Snowy peaks across 8 countries — Europe's rooftop.
6. **NAPLES**
   The Margherita's colors match the Italian flag on purpose.
7. **MOZZARELLA (or cheese)**
   The originals were plain flatbreads — today's chefs improved on history.
8. **Any landmark!**
   Full marks for effort — extra applause if they can name its country.

MAKE IT A CEREMONY

Read the answers out loud while the dough rises. Every correct answer earns a table drumroll; a perfect score picks their pizza toppings first.